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We envision a society that celebrates, honours, and embraces the physical, social, emotional, and spiritual well-being of everyone.

About SEEDS

SEEDS, Sexuality Education Embracing Diversity in Society, grew from a persistent desire to create an educational entity that reflected personal and community values. Its foundation is rooted in sustainability on a personal level that extends to the global community.

Our Mission is to:

To provide comprehensive, non judgmental, high quality, accessible, meaningful, inclusive, fun, age-appropriate, and empowering sexual health education to all members of the community.

Because We Envision:

A society that celebrates, honours, and embraces the physical, social, emotional, and spiritual well-being of everyone.